

COMPLETE TRIGONOMETRY FORMULA BANK

PART 1: Foundations, Identities, ASTC & Allied Angles (Class 9 to 11)

► 1. Right-Triangle Basics & Reciprocal Relations (Class 9 & 10)

Basic Definitions

$$\sin \theta = \frac{\text{Opp}}{\text{Hyp}} = \frac{O}{H} \iff \csc \theta = \frac{H}{O}$$

$$\cos \theta = \frac{\text{Adj}}{\text{Hyp}} = \frac{A}{H} \iff \sec \theta = \frac{H}{A}$$

$$\tan \theta = \frac{\text{Opp}}{\text{Adj}} = \frac{O}{A} \iff \cot \theta = \frac{A}{O}$$

$$\tan \theta = \frac{\sin \theta}{\cos \theta}, \quad \cot \theta = \frac{\cos \theta}{\sin \theta}$$

★ The 3 Fundamental Pythagorean Identities & Shortcuts

$$\sin^2 \theta + \cos^2 \theta = 1 \implies \sin^2 \theta = 1 - \cos^2 \theta, \quad \cos^2 \theta = 1 - \sin^2 \theta$$

$$1 + \tan^2 \theta = \sec^2 \theta \implies \sec^2 \theta - \tan^2 \theta = 1 \implies (\sec \theta - \tan \theta) = \frac{1}{\sec \theta + \tan \theta}$$

$$\text{Trick: If } \sec \theta + \tan \theta = k \implies \sec \theta - \tan \theta = \frac{1}{k}$$

$$1 + \cot^2 \theta = \csc^2 \theta \implies \csc^2 \theta - \cot^2 \theta = 1 \implies (\csc \theta - \cot \theta) = \frac{1}{\csc \theta + \cot \theta}$$

$$\text{Trick: If } \csc \theta + \cot \theta = m \implies \csc \theta - \cot \theta = \frac{1}{m}$$

► 2. Standard Angles Reference Table (0° to 90°)

Ratio	0° (0)	30° ($\frac{\pi}{6}$)	45° ($\frac{\pi}{4}$)	60° ($\frac{\pi}{3}$)	90° ($\frac{\pi}{2}$)	Complementary (90° - θ)
$\sin \theta$	0	1/2	1/√2	√3/2	1	$\sin(90^\circ - \theta) = \cos \theta$
$\cos \theta$	1	√3/2	1/√2	1/2	0	$\cos(90^\circ - \theta) = \sin \theta$
$\tan \theta$	0	1/√3	1	√3	ND	$\tan(90^\circ - \theta) = \cot \theta$
Reciprocals: $\csc \theta = 1/\sin \theta$, $\sec \theta = 1/\cos \theta$, $\cot \theta = 1/\tan \theta$ (ND = Not Defined / Infinite)						

► 3. ASTC Quadrant Map & Allied Angles Master Table (Class 11)

ASTC Quadrant Sign Matrix

Quadrant II (90° to 180°) [S]: sin, csc are (+) cos, sec, tan, cot < 0	Quadrant I (0° to 90°) [A]: ALL 6 are (+) All positive
Quadrant III (180° to 270°) [T]: tan, cot are (+) sin, csc, cos, sec < 0	Quadrant IV (270° to 360°) [C]: cos, sec are (+) sin, csc, tan, cot < 0

Even / Odd Parity:

$$\cos(-\theta) = \cos \theta, \quad \sec(-\theta) = \sec \theta \text{ (Even)}$$

$$\sin(-\theta) = -\sin \theta, \quad \tan(-\theta) = -\tan \theta \text{ (Odd)}$$

Complete Allied Angles Quick-Reference Table

Angle (α)	Quadrant	sin α	cos α	tan α
90° - θ	I (All +)	+ cos θ	+ sin θ	+ cot θ
90° + θ	II (sin +)	+ cos θ	- sin θ	- cot θ
180° - θ	II (sin +)	+ sin θ	- cos θ	- tan θ
180° + θ	III (tan +)	- sin θ	- cos θ	+ tan θ
270° - θ	III (tan +)	- cos θ	- sin θ	+ cot θ
270° + θ	IV (cos +)	- cos θ	+ sin θ	- cot θ
360° - θ	IV (cos +)	- sin θ	+ cos θ	- tan θ

Golden Rule: At 180°/360° $\implies$ ratio remains **SAME**; at 90°/270° $\implies$ changes to **CO-FUNCTION**. Sign depends on original function.

► 4. Compound Angles (Addition & Subtraction)

$$\sin(A + B) = \sin A \cos B + \cos A \sin B$$

$$\sin(A - B) = \sin A \cos B - \cos A \sin B$$

$$\cos(A + B) = \cos A \cos B - \sin A \sin B$$

$$\cos(A - B) = \cos A \cos B + \sin A \sin B$$

$$\tan(A + B) = \frac{\tan A + \tan B}{1 - \tan A \tan B}$$

$$\tan(A - B) = \frac{\tan A - \tan B}{1 + \tan A \tan B}$$

Sign Trap: In $\cos(A + B)$, the sign flips to **MINUS** (-), and in $\cos(A - B)$ it flips to **PLUS** (+)!

► 5. Double (2θ), Sub-Multiple ($\theta/2$) & Triple (3θ) Angles

Double Angle Formulas (2θ)

$$\sin 2\theta = 2 \sin \theta \cos \theta = \frac{2 \tan \theta}{1 + \tan^2 \theta}$$

$$\begin{aligned} \cos 2\theta &= \cos^2 \theta - \sin^2 \theta = 2 \cos^2 \theta - 1 \\ &= 1 - 2 \sin^2 \theta = \frac{1 - \tan^2 \theta}{1 + \tan^2 \theta} \end{aligned}$$

$$\tan 2\theta = \frac{2 \tan \theta}{1 - \tan^2 \theta}$$

Triple Angle Formulas (3θ)

$$\sin 3\theta = 3 \sin \theta - 4 \sin^3 \theta$$

$$\cos 3\theta = 4 \cos^3 \theta - 3 \cos \theta$$

$$\tan 3\theta = \frac{3 \tan \theta - \tan^3 \theta}{1 - 3 \tan^2 \theta}$$

★ Golden $1 \pm \cos$ Forms (Class 12 Calculus Must-Know)

Standard 2θ Forms:

$$1 - \cos 2\theta = 2 \sin^2 \theta \implies \sin^2 \theta = \frac{1 - \cos 2\theta}{2}$$

$$1 + \cos 2\theta = 2 \cos^2 \theta \implies \cos^2 \theta = \frac{1 + \cos 2\theta}{2}$$

$$\frac{1 - \cos 2\theta}{1 + \cos 2\theta} = \tan^2 \theta$$

Sub-Multiple ($\theta/2$) Calculus Forms:

$$1 - \cos \theta = 2 \sin^2 \left(\frac{\theta}{2} \right), \quad 1 + \cos \theta = 2 \cos^2 \left(\frac{\theta}{2} \right)$$

$$\sin \theta = 2 \sin \left(\frac{\theta}{2} \right) \cos \left(\frac{\theta}{2} \right)$$

$$\frac{1 - \cos \theta}{\sin \theta} = \tan \left(\frac{\theta}{2} \right), \quad \frac{1 + \cos \theta}{\sin \theta} = \cot \left(\frac{\theta}{2} \right)$$

► 6. Transformation Formulas (Product $\longleftrightarrow$ Sum / Difference)

Products $\longrightarrow$ Sum / Difference (De-Factorization)

$$2 \sin A \cos B = \sin(A + B) + \sin(A - B)$$

$$2 \cos A \sin B = \sin(A + B) - \sin(A - B)$$

$$2 \cos A \cos B = \cos(A + B) + \cos(A - B)$$

$$2 \sin A \sin B = \cos(A - B) - \cos(A + B)$$

Sum / Difference $\longrightarrow$ Products (C-D Factorization)

$$\sin C + \sin D = 2 \sin \left(\frac{C + D}{2} \right) \cos \left(\frac{C - D}{2} \right)$$

$$\sin C - \sin D = 2 \cos \left(\frac{C + D}{2} \right) \sin \left(\frac{C - D}{2} \right)$$

$$\cos C + \cos D = 2 \cos \left(\frac{C + D}{2} \right) \cos \left(\frac{C - D}{2} \right)$$

$$\begin{aligned} \cos C - \cos D &= -2 \sin \left(\frac{C + D}{2} \right) \sin \left(\frac{C - D}{2} \right) \\ &= 2 \sin \left(\frac{C + D}{2} \right) \sin \left(\frac{D - C}{2} \right) \end{aligned}$$

► 7. Principal Value Branches: Domain & Range (Must-Know for Boards & CET)

Function	Domain (x)	Principal Value Branch / Range (y)	Key Exam Note
$y = \sin^{-1} x$	$[-1, 1]$	$\left[-\frac{\pi}{2}, \frac{\pi}{2}\right]$	Quadrants IV & I ($-\pi/2 \leq y \leq \pi/2$)
$y = \cos^{-1} x$	$[-1, 1]$	$[0, \pi]$	Quadrants I & II ($0 \leq y \leq \pi$)
$y = \tan^{-1} x$	$\mathbb{R} = (-\infty, \infty)$	$\left(-\frac{\pi}{2}, \frac{\pi}{2}\right)$	Open Interval (Asymptotes at $\pm\pi/2$)
$y = \csc^{-1} x$	$(-\infty, -1] \cup [1, \infty)$	$\left[-\frac{\pi}{2}, \frac{\pi}{2}\right] - \{0\}$	Excludes $y = 0$
$y = \sec^{-1} x$	$(-\infty, -1] \cup [1, \infty)$	$[0, \pi] - \left\{\frac{\pi}{2}\right\}$	Excludes $y = \pi/2$
$y = \cot^{-1} x$	$\mathbb{R} = (-\infty, \infty)$	$(0, \pi)$	Open Interval ($0 < y < \pi$)

► 8. Fundamental Properties & Negative Angle Traps

Negative Argument Properties (Crucial!)

Type 1 (Odd-Like: Direct Minus):

$$\sin^{-1}(-x) = -\sin^{-1} x, \quad x \in [-1, 1]$$

$$\tan^{-1}(-x) = -\tan^{-1} x, \quad x \in \mathbb{R}$$

$$\csc^{-1}(-x) = -\csc^{-1} x, \quad |x| \geq 1$$

Type 2 (Even-Like: π - Angle Trap):

$$\cos^{-1}(-x) = \pi - \cos^{-1} x, \quad x \in [-1, 1]$$

$$\cot^{-1}(-x) = \pi - \cot^{-1} x, \quad x \in \mathbb{R}$$

$$\sec^{-1}(-x) = \pi - \sec^{-1} x, \quad |x| \geq 1$$

Complementary Pairs & Reciprocal Relations

Complementary Co-Function Pairs ($\pi/2$ Sum):

$$\sin^{-1} x + \cos^{-1} x = \frac{\pi}{2}, \quad x \in [-1, 1]$$

$$\tan^{-1} x + \cot^{-1} x = \frac{\pi}{2}, \quad x \in \mathbb{R}$$

$$\sec^{-1} x + \csc^{-1} x = \frac{\pi}{2}, \quad |x| \geq 1$$

Reciprocal Conversions:

$$\csc^{-1} x = \sin^{-1} \left(\frac{1}{x} \right), \quad \sec^{-1} x = \cos^{-1} \left(\frac{1}{x} \right) \quad (|x| \geq 1)$$

$$\cot^{-1} x = \begin{cases} \tan^{-1} \left(\frac{1}{x} \right), & x > 0 \\ \pi + \tan^{-1} \left(\frac{1}{x} \right), & x < 0 \end{cases}$$

► 9. Addition / Subtraction of Inverse Tangent & $2\tan^{-1} x$ ConversionsSum & Difference Formulas for $\tan^{-1}$ If $xy < 1$ (Standard Case):

$$\tan^{-1} x + \tan^{-1} y = \tan^{-1} \left(\frac{x+y}{1-xy} \right)$$

If $x > 0, y > 0$ and $xy > 1$ (Quadrant II Trap):

$$\tan^{-1} x + \tan^{-1} y = \pi + \tan^{-1} \left(\frac{x+y}{1-xy} \right)$$

Difference Formula ($xy > -1$):

$$\tan^{-1} x - \tan^{-1} y = \tan^{-1} \left(\frac{x-y}{1+xy} \right)$$

★ High-Yield $2\tan^{-1} x$ Multiple Conversions

Single Most Tested in Differentiation & Integration:

$$2\tan^{-1} x = \sin^{-1} \left(\frac{2x}{1+x^2} \right), \quad |x| \leq 1$$

$$2\tan^{-1} x = \cos^{-1} \left(\frac{1-x^2}{1+x^2} \right), \quad x \geq 0$$

$$2\tan^{-1} x = \tan^{-1} \left(\frac{2x}{1-x^2} \right), \quad -1 < x < 1$$

Self-Inverse Cancellation Rules:

$$\sin(\sin^{-1} x) = x \quad (\forall x \in [-1, 1])$$

$$\sin^{-1}(\sin \theta) = \theta \iff \theta \in [-\pi/2, \pi/2] \text{ (Must lie in PVB!)}$$